



British Fencing

Huntingdonshire Fencing Club

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|-----------------------|---------------------------------|--------------------|--------------|
| Club Officers: | Chairman | Geoff Browne | 01480 474152 |
| | Secretary | Ivan Ward | 01480 380804 |
| | Treasurer | Mike Ellis | 01480 217216 |
| | Captain | Chris Convine | 01480 495292 |
| | Armourer | Ian Coates | 01480 461749 |
| | Public Relations | Tracey Coates | 01480 461749 |
| | Coach (B.A.F. qualified) | Mike Ellis | 01480 217216 |
| | Welfare Officers | Lizzie & Dan Tozer | 01733 340741 |

1) All fencers and/or coaches must be individual members of the BFA, BAF or another recognised National/Country Union/Association who belong to the F.I.E. and have insurance equal to or better than that of the B.F.A.

2) **SAFETY**

A) For all fencers taking part in fencing activities (fencing, practising, demonstrations, lessons or any activity using a sword)

Current rules for protective clothing

You **MUST** be wearing sound and good fitting equipment; n.b. for all items below the strength in N is the minimum required.

COMPULSORY for non-electric and size 3 electric weapons

- Mask Complete with back strap and 350 N bib
- 350 N Jacket (ladies - to have breast protectors)
- 350 N Under plastrons
- Glove with a gauntlet.
- Legs must be covered. Trousers with an opening/pocket must have these zipped, sewn or taped closed. (No shorts)

COMPULSORY for all other weapons

- Mask Complete with back strap and 350 N bib
- 350 N Jacket (ladies - to have breast protectors)
- 800 N Under plastrons
- Glove with a gauntlet.
- 350 N Breeches
- Socks (should be long enough to cover and remain over the knee)

Fencers found not meeting para 1 & 2A minimum requirements will not be allowed to fence.

B) Always check your equipment (or the equipment you use) on a regular basis for wear and tear. Please see B.F.A. guidelines on safety. (Available from the BFA or on their web site)

Do NOT use damaged and/or worn equipment. Broken or damaged club equipment must be reported to a club officer.

C) **Swords, these MUST always to be carried with the point down and close to the ground (except when fencing).**

D) General Behaviour:

- No running in the hall while fencing is in progress.
- No inappropriate behaviour or behaviour that endangers yourself or others.
- Keep well away from the fencing action unless you are refereeing.
- If you are refereeing, be aware of action on other pistes near you.
- Use your common sense

3) **If You Use Club Equipment, please help us to help you by abiding by the following:-**

A) **Please look after it.**

B) **Put it away in a neat and tidy manner in its correct box.**

C) **If wet, dry it or leave it to dry before putting away.**

D) **If you break club equipment you will be expected to replace or pay for it.**

E) **If you wish to take club equipment outside of the club, this can be arranged via the club armourer or secretary and must be entered in the equipment book when taken and also when returned.**

4) Club fee's to be paid promptly at the beginning of each term.

5) No litter left in the hall.

6) The rules of the St. Neots Recreation Centre must be adhered to (copy available on request).

7) The club refers all fencers to the B.F.A. guidelines on safety.

8) The club STRONGLY recommends:-

A) Members to buy their own equipment (as soon as possible) remember hygiene when using club masks, also the pleasure of having your own equipment. Buy through the club; we can normally obtain a 10% discount from Leon Paul.

9) **VERY IMPORTANT**

Your attention is drawn to the club's policy on Child Protection; please ensure you read the policy document, copy available on request.